



# *Agnobeat* E-Monthly Magazine



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Editors: Sr Sannidhi, Mrs Preema Pereira & Mr Kiran R

## Principal's Message

Parenting even in normal times is no easy task and today in these troubled pandemic times it becomes even more challenging, stressful and difficult while making tremendous demands on parental love, patience, understanding and sensitivity which are often difficult to meet.

Amidst trying situation and having to deal with children engulfed by 'Covid-fatigue' St Agnes PU College conducts informative sessions, competitions and events on monthly basis to connect with students and parents.



The young and ever energetic band of student cabinet took solemn oath to serve college with enthusiasm and dedication. In collaboration with the management and faculty they organize various events and keep student body happy and ongoing.

This year India celebrated its Platinum Jubilee of Independence with its diverse culture standing out to be the role model in every aspect. Our students were encouraged to instill in them love and respect for their country, exhibit patriotism by spending the actual day with some worthwhile activity. Even though India is independent Indians particularly women are in bondage. The cruelty, violence, sexual abuse and assault on women continues to take place. It is heart breaking to see the pathetic plight of helpless girl children. There is a desire as well as the need to have pure heart and mind free from bias attitude towards women and less privileged. The world already is under chaos with Covid -19 let it not further suffer by our selfish behaviour. May the citizens be inspired to build peaceful and respectful India.



# CABINET INAUGURATION

"Leaders instill in their people a hope for success and a belief in themselves. Positive leaders empower people to accomplish their goals."

13 August 2021- is a day to be remembered where we swore to abide by the rules and lead fellow companions as an example and give our best by carrying on the duties and the responsibilities of being a noble leader. The inauguration of the Students' Council 2021-22 of St Agnes PU College was held in the college auditorium in the presence of the Principal, Chief Guest Sr Dr Lydia Fernandes AC, Superior and the Joint Secretary of St Agnes Institutions, the staff and the faculty of St Agnes PU college and the parents of the cabinet members. The programme began by invoking God's blessings through a prayer song, followed by the welcome speech.

Sr Dr Lydia Fernandes addressed the cabinet members, congratulated them and highlighted their way to explore leadership skills. She also emphasized on the current situation of the pandemic and addressed the leaders to inculcate creative and analytical thinking, as the young generation have the ability to think analytically in their pursuits.

The cabinet members then pledged their duties in the presence of all the members assembled in the auditorium. The principal Sr Norine D'Souza administered the oath for the student cabinet.

I feel honoured to have been elected as the student president. I Express my sincere gratitude to the principal, staff and all my college mates for their immense love and support and especially for believing in me. I will now have to carry the Hopes of all my college mates and the staff on my shoulders and will strive to live up to their expectations. I will try my best to work diligently and abide by the rules along with my team mates.



**PRIVY DSOUZA  
II HEPP**



## MY EXPERIENCE OF THE CABINET INAUGURAL AND THE DUTIES I INTEND TO FULFILL AS A VICE PRESIDENT

“Leaders do not desire to lead but to serve.” I, Calvisha Dsouza feel immense joy to be a part of the college cabinet as the Vice President. The feeling of being elected as a cabinet member is an exhilarating one. I would love to share my experience of the Cabinet Inaugural Ceremony 2021-22 and the duties I aim to fulfill this academic year.

The cabinet inaugural was held on 13th August 2021 at St Agnes PU College auditorium. I was delighted to be a part of the inaugural despite the pandemic. The inaugural ceremony began with a prayer song followed by a significant message by our chief guest Dr Sr Lydia Fernandes. She briefed us on leadership qualities and spoke about how it was a remarkable privilege and gave us some insights on how to think out of the box and approach matters in an innovative manner while conducting activities online as well as offline. The programme came to an end with the oath taking ceremony and pinning of badges to the newly elected cabinet members by our Principal Sr Norine. This was a day I am sure to cherish forever.



**CALVISHA DSOUZA**  
II BEBA

I feel immensely happy to be a part of the cabinet but at the same time there are multiple responsibilities to be fulfilled. I want this academic year to be a year that we will all cherish forever. I will try my best to ensure that. Due to the pandemic, we weren't able to enjoy much of our college life but with the help of my fellow cabinet members I will ensure that the time we are going to spend here will be a memorable one filled with loads of fun, along with curricular and co-curricular activities. I assure you all that I will leave no stone unturned to make our college scale the heights of success.

# YENZYME

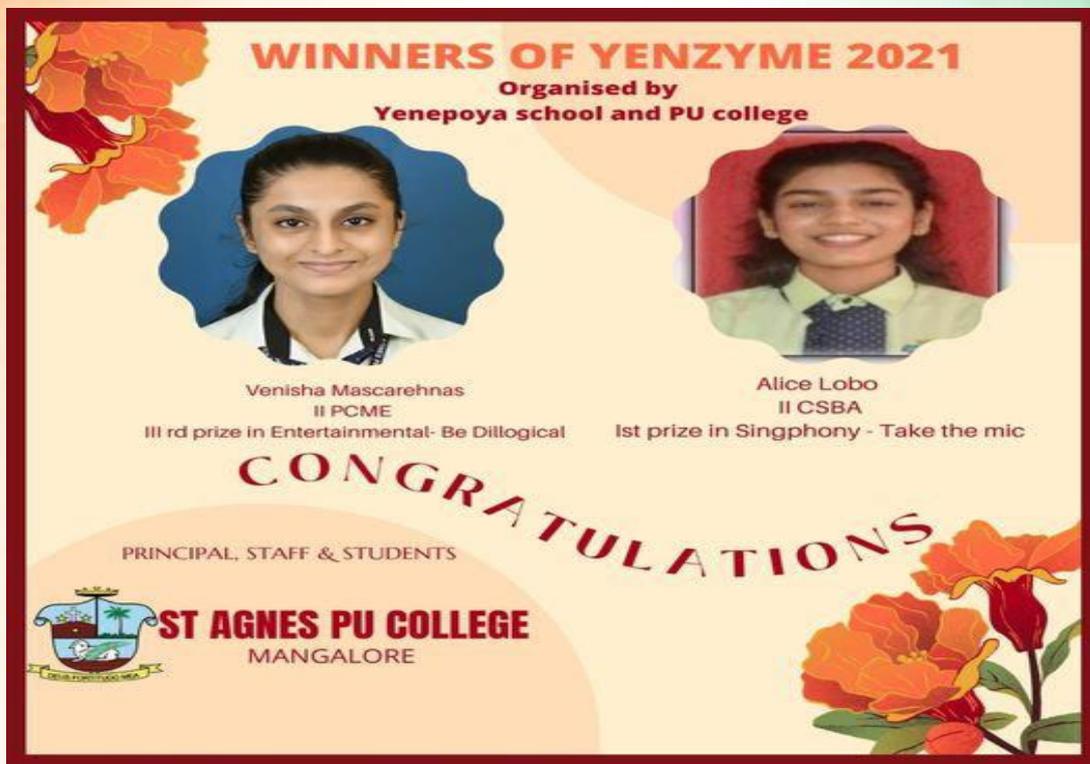
“EVERYONE HAS A WILL TO WIN BUT VERY FEW HAVE THE WILL TO PREPARE TO WIN”

The word competition always implies that a person puts in enough effort to achieve the desired result, for instance, to win tender or race. It requires not only physical, but emotional energy too. Overcoming personal limitations, a person becomes psychologically stronger, which can positively contribute to future achievements. All of us are different from each other, but our motive is the same. All of us want to become successful and acquire knowledge. In order to analyze how much we have learnt, it is very necessary to compete with others and take part in different competitions; In the midst of the lockdown, The Yenepoya School and PU College Mangaluru organised YENZYME- 2021 Global/inter PU College competitions which had various events held for the students of different institutions on the occasion of their vicennial anniversary. I participated in Singphony I was really excited about it. There were about 27 students who had turned up for the elimination round out of which 5 were selected for the final round. I was among the 5 participants, All the participants did their best in various events. The finale of YENZYME 2021 was held on 18th July 2021, and the master of ceremonies announced the names of the winners, when I heard name being announced as the first prize winner, I was extremely taken a back, my Family members and friends were extremely proud of me. They were overjoyed with my success too.

I was awarded a cash prize of rupees 3,000 and a framed certificate of participation. I was glad to participate in the contest and I learnt a lot from this experience. I was able to improve my skills too. I hope to participate in more singing contests in the future so as to further improve myself.



ALICE LOBO  
II CSBA



‘I don’t know how I am going to win, I just know that I am not going to lose’ -Gokham Saki

Competitions focus on overall development of a participant giving room to gain substantial experience to use talents more creatively. Amidst all difficulties, Yenepoya Institutions organized online Inter PU college competitions to celebrate their Vicennial Anniversary. What a great opportunity to explore boundaries, challenge ourselves and learn new things. As Jim Ron aptly said, “Ideas can be life changing. Sometimes all you need to open the door is just one more good idea.” Trying out to enact on a comical script is an exacting task, since making someone smile is definitely not easy. But making efforts to try out something new can be so satisfactory.

I felt delighted representing St. Agnes Pre-University College and winning “Entertainmental- Be dillogical” event was just unbelievable. That wasn’t all. I got to learn so many new things having fun along the way.

Can you imagine people keeping really weird passwords. The story on which I enacted was centred around the idea where an elderly woman was annoyed when the cab driver said ‘Get Out’ while she asked for the wifi password. She also made sure he was sacked. Little did she know that it was his wifi password. Interesting isn’t it.

Therefore I conclude with a quote by Masu , “Everything in life is temporary. Be patient and positive and watch the endless blessings you receive.”



**VENISHA MASCARENHAS**  
**II PCME**

# FRONT LINE WARRIORS

Real heroes are not those celebrities or the cinema stars who gracefully appear on the silver screens, but are those who dedicate their lives for the betterment of the society.

During this pandemic, it was our frontline warriors who appeared as our real heroes. It was they alone who had stepped forward to protect Indians when the pandemic spread throughout the country .Many of us were the victims of this disease and it was our doctors who held our hands ,bringing hope to our lives. Providing treatment for millions of people all at once was indeed a challenging task for the doctors. All our frontline warriors namely police officers, soldiers, doctors, healthcare workers, social workers, civil servants, scientists joined their hands and worked selflessly to protect India during this difficult times. Their sacrifice is beyond words .Being Indians, it's our duty to thank these heroes, who had risked their lives for us. From this point of view ,St Agnes Pu college had conducted a video making competition saluting these frontline warriors .This was really a great opportunity to express our gratitude towards these real time heroes and I too grabbed this opportunity to express my gratitude towards them ,thereby encouraging their works too. I was really interested to showcase the role of our frontline warriors ,the sacrifices and the risks they have taken for the people of the nation .It really evoked a sense of patriotism and thankfulness towards these heroes .They were truly selfless in their work and their work is highly commendable. Let's salute these frontline warriors for their selflessness service to the society.



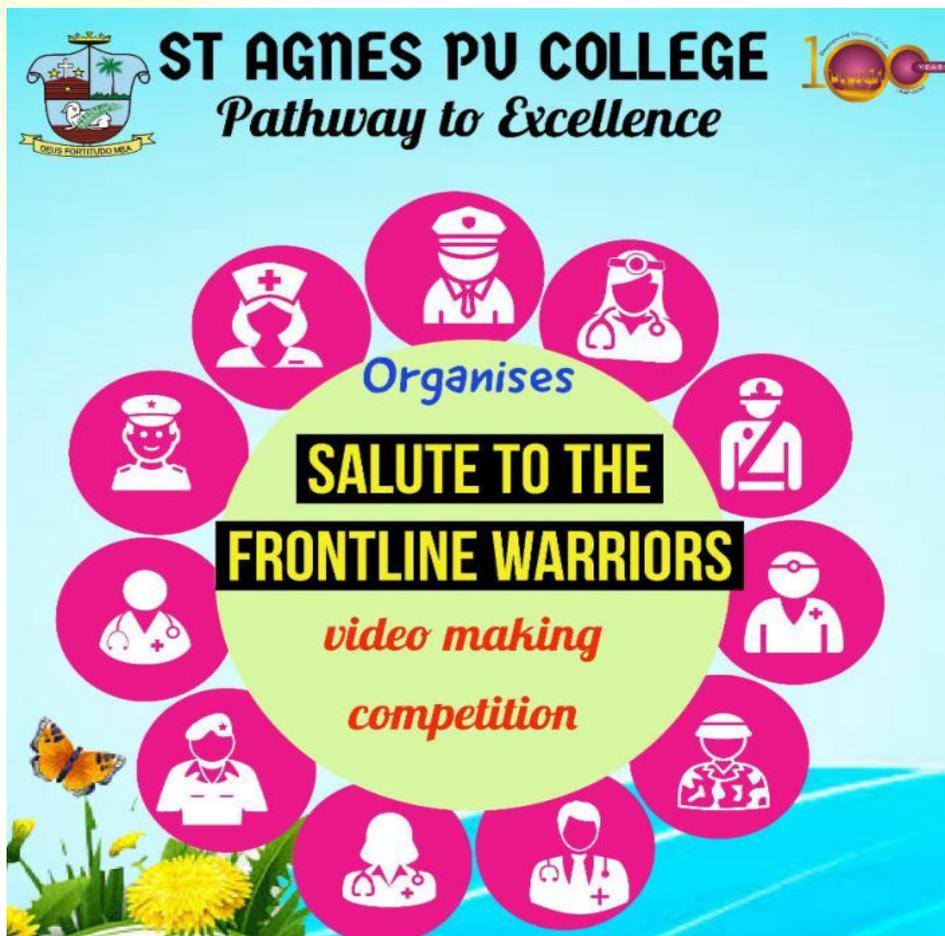
**MANVITHA RAO**  
II PCMC



This article is about the unsung heroes, who have contributed selfless service during pandemic . Yes, they are the front line workers. They have been the backbone of the nation during the covid situation. They stepped forward to care for the society leaving their families behind. From health care workers to NGO's and journalists , all of them have been working tirelessly to help people get treatment sooner. There were also few people who stepped out to provide free meals to those patients who were not able to afford a square meal due to poor financial conditions

There were few others who treated the patients abandoned by their families for being tested positive . These Saviours deserve to be called warriors and need to be appreciated. This situation has made us realize that front line workers have played an essential role in all our lives. They are significant members in this society and so they deserve to be treated with respect as well as paid duly.

I would like to thank all the front line workers for their contribution despite being exposed to the virus , took the risk and fought the pandemic . A big salute to all of you for all the work you have done



**AKANKSHA RAO**  
II CEBA

# INDEPENDENCE DAY

“FREEDOM IN THE MIND, FAITH IN THE WORDS AND PRIDE IN OUR SOULS”

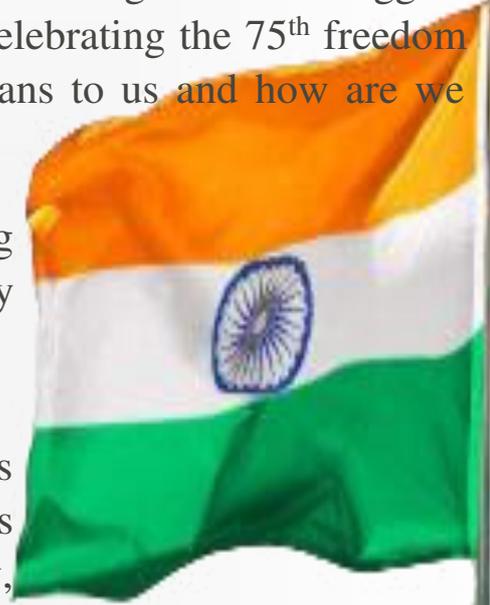
Independence Day is celebrated all over the country on 15<sup>th</sup> August every year. It is a day of great importance to all Indians. Every Indian is filled with a sense of joy and pride on this day, as our country was declared independent and was freed from the hands of British rule. On this day we remember all those great stalwarts who made great sacrifices to set India free. Independence Day reminds us about the glorious past and achievements. It also reminds us about the dedication, sufferings and the struggles of our freedom fighters and leaders. This year as we are celebrating the 75<sup>th</sup> freedom anniversary, we need to reflect on what this freedom means to us and how are we using it.

Freedom is a blessing that not all nations get. Using opportunities given by our nation in a right and ethical way to make the nation prosperous is called Freedom.

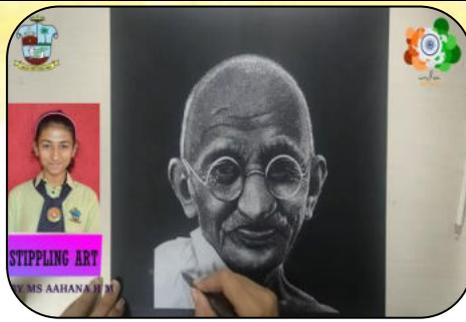
So if every Indian focuses on using his freedom to its maximum to become self sufficient and if he/she spreads awareness on social, economic and justice in the society, then the freedom is considered well used.

Hence let us all promise today to move our country towards success and glory, in every way we can.

Freedom is a great gift and must be cherished. We at St Agnes PU College celebrated this day with great enthusiasm virtually as it was not possible to celebrate the same in the college premises due to the prevailing Covid 19 protocols. Lot of efforts was put in by the Lecturers and Students to commemorate this great event online.



**AASTHA LOBO**  
**II SEBA 'A'**



15<sup>th</sup> August 1947, A Historic day in the lives of millions of people in India, the day when our country got its freedom from the British Rule and marked the beginning of a New and a Democratic India. It is a day wherein we remember the selfless sacrifices and unparalleled contributions made by men and women towards this freedom struggle. We now breathe air in a free and sovereign nation.

Independence Day is celebrated with great joy across the country .There is enthusiasm among all. To relive the moment and to enjoy the spirit of freedom and independence, the Prime Minister of India unfurls the flag and holds a speech at the Red Fort. Several cultural programs are held in the state capital Delhi by various schools and organisations. There is great hustle-bustle and rejoicing with fervent display of the spirit of patriotism everywhere. Due to the ongoing pandemic, it has restricted our celebration of the day with the usual fervour, but St. Agnes PU College organised a virtual programme which was streamed on Youtube so that a sense of patriotism could be encouraged and instilled in us. The programme commenced by invoking god's blessings. The thought of 'To be free is to serve' was effectively highlighted through the interview of Mrs. Corrine Rasquinha, the founder of White Doves conducted by Ms. Venisha Mascarenhas. Mrs.Rasquinha is an eminent person who is truly a ray of hope in darkness for the destitutes in the district of Dakshina Kannada. She works tirelessly for their welfare and brings happiness in their lives. Even the pandemic could not stop her from serving the needy. Mrs. Corrine encouraged the youth to love the ones who are not loved enough due to their disabilities and motivated us to do good to those who need our help as these people are the ones who help us during our difficulties. Her story inspired and made an impact on each one of us. A strong patriotic message was conveyed through a dance which captivated the viewer's attention. Ms. Ahana portrayed the spirit of freedom through her Stippling Art which mesmerised the viewers and brought out the true essence of patriotism. In addition, the college also organised an online competition, "Spirit of freedom" wherein many students participated and expressed their thoughts and sentiments about celebrating "freedom with fervour and what difference did they make on this day?". On the whole, it made us realise the importance of Independence Day being the world's largest democracy.

"Today we celebrate the land of free and home of brave". The pain that our heroes have gone through reminds us that the freedom we enjoy today has been earned by shedding the blood of lakhs of people. It also awakens a feeling of patriotism inside every citizen of India. It makes the present generation closely understand the struggles of the people at that time and acquaints them with the freedom fighters of India.



**PRAGATHI P NAYAK**  
**II BEBA**

# INDEPENDENCE DAY FOR ME

**Happy 75th Independence Day**

Thousands laid down their lives so that our country is breathing this day never forget their sacrifice



**UNITED WE STAND**  
HAPPY INDEPENDENCE DAY

Our country gained freedom from British rule on August 15, 1947. This day holds a special place in the heart of every Indian. On this day, India's tricolour flag is hoisted at the Red Fort in Delhi.




**-Muskan Ara**  
200012

**जय हिंद**

**HAPPY 75TH INDEPENDENCE DAY**

Words don't suffice the patriotic virtue that fervor is in me.

LONG LIVE INDIA

Emanated the palpable energy to evoke allegiance and competence.

**#COMMEMORATING OUR VALOR SOLDIERS AND IMMORTAL LEADERS ON THIS NATIONALISTIC DAY.**

NAME: HALEEMA SHIZA  
REGISTER NO: 200008



15<sup>th</sup> August  
**Happy 75th Independence Day**

BY MELISSA MONTEIRO  
SEBA 'B' BATCH  
200038

**75th Independence Day**

**SALUTE TO REAL HEROES OF LIFE**

Saare Jahaan Se Achha Hindustan Humara  
Jai Hind



Name: Manvitha. B. Salian  
R. NO: 202137

This Independence day I along with my neighbours have decided to follow the Mission of Swachh Bharat and collect all the Plastic Waste which is spread around in the vicinity



Name: Nithika  
202130

Every year flag hoisting is conducted in our locality on independence day. And as followed every year I had been the part of celebration this year also. This year there were many live streams about this day and that made the day more memorable. I enjoyed the day alot!!



Name: Jashika Mercy Gonzalez  
Reg No: 202131

India completes 74 years of independence. I'm a proud citizen of a diverse and distinctive country, India. I spent 15th August, the day of Indian Independence by reading arbitrary articles on India's freedom struggle, and reminded myself the fervour of Indians then, that led us to this self-governing nation we have today.




# WORLD PHOTOGRAPHY DAY



When I came to know about shutter snap competition, I was curious about it. I had never participated in this type of contest before. As I live in a rural area we find beautiful sceneries everywhere. But the toughest part for me was to select a picture which reflected aesthetic beauty and relevant to the given theme. While in search of a good picture, my mom and I decided to visit the paddy field nearby. I clicked some pictures but was confused as to select best one. My cousin suggested me to concentrate on one picture rather than a scenery. So I decided to wake up early in the morning, before the sunrise to capture the scenic beauty in my mobile camera. I managed to take some snaps of beautiful flowers, a plantain with banana and finally came up with the idea of clicking a picture of water being drawn from the well. My dad helped me fasten the rope to the bucket and then I started drawing the water and when it reached a certain distance I took the snap.

I was surprised to hear that I secured the first place for the same. I never expected this result. I had only one thing in my mind that "I must do my best" and I did it. I am very thankful to St Agnes College principal, lecturers and the college cabinet.

I feel very happy because I am a newcomer to St. Agnes and I've achieved something. This has really boosted my confidence.



**SHARADHI RAI**  
I PCME

**WINNERS OF SHUTTER SNAP 2021**

Organised by the College Cabinet

CONGRATULATIONS TO THE 1ST PU WINNERS



Sharadhi Rai 1st PCME- 1st Place



Haleema Sineen 1st PCMB- 2nd Place



Shama Shridha 1st PCMC- 3rd Place



**WINNERS OF SHUTTER SNAP 2021**

Organised by the College Cabinet

CONGRATULATIONS TO THE 2ND PU WINNERS



Minsha Mariyam 2nd HEPP- 1st Place



Crystal Mathias 2nd PCMB- 2nd Place



Haleema Shaza 2nd HEPP- 3rd Place

Hello there! Who doesn't like pictures? But for me it's the moments. The happiest of the moments may also turn to be little sad. That is why I save them through pictures, love saving moments rather than collecting things. I don't know why, but it has been my passion throughout. People always said "love what you do" may be that's what I did.

I sincerely feel honoured to have an opportunity to showcase my portrait in my college. My college never fails to give opportunities to all the amateurs and even to all the budding talents. I thank the cabinet members and also the supportive staff for keeping us engaged in all the co- curricular activities.

This is why I say my college is the best place where I can be myself. Glad to win the first place in the organised shutter snap, competition.



**MINISHA MARIYAM**  
II HEPP

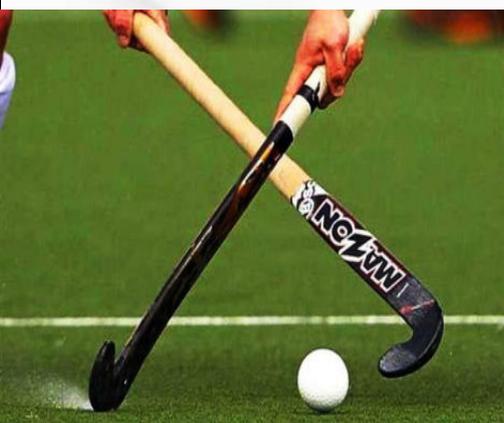


# CAREER EXPO



The career guidance session aptly named 'Career Expo 2021' for the II PU students was organised by the Department of Commerce on 26 August. The first speaker Mrs. Sheryl Preethika titled the session - "commerce career buffet". The word buffet was used to hint at the variety of courses/subjects available to students who have opted for commerce at PU level. Mrs. Preethika quoted that "Career could be a choice and not a chance". Six steps on how to choose a career were taught. She told us that a career in commerce could be general, subject-specific, or professional. An in-depth information on these three categories was given. Some of the fields introduced to us under the general category were marketing, interior designing, advertising etc. The second subject specific category has lucrative career opportunities in the fields of hospitality, foreign trade, corporate secretaryship, and several others. The professional category includes law, investment banking, cost and works accounting etc. Apart from these, several other courses were made known to us. The resource person briefed on the various options available to us after second PU like BCOM, BBA, BCA, CA and the different choices at post graduate level like MCOM, MBA, CA, MA, MCA & so on. A brief explanation of the curriculum of these courses was given. The session ended with some career grazing tips and a quote from Mark Twain "10 years from now on you will be more disappointed by the things that you didn't do than by the ones you did. So, throw off bowlines. Sail away from the safe harbour. Catch the trade winds in their sails. Explore, Dream, Discover."

At the end of the session, students were asked to voice their questions and clarify any doubts they had. It was a thoroughly an enriching and valuable session as it threw light on many new choices that we could make after our second PU. The Career Expo had a fitting end with Ms. Mokshitha S taking over to conduct an interactive, fun filled and educational session through short quizzes about places, taglines, logos, etc. Ultimately it was an enriching session to design our future.



**SAKSHI NAYAK**  
II BSBA

**ST AGNES PRE UNIVERSITY COLLEGE**  
**MANGALURU**  
PATHWAY TO EXCELLENCE

**CAREER EXPO 2021**  
*( a career guidance programme for commerce students)*

**RESOURCE PERSONS**

<p><b>MRS SHERYL PREETHIKA</b> ASSISTANT PROFESSOR DEPARTMENT OF COMMERCE ST AGNES COLLEGE (AUTONOMOUS)</p>	<p><b>MS MOKSHITHA S</b> ASSISTANT PROFESSOR DEPARTMENT OF COMMERCE ST AGNES COLLEGE (AUTONOMOUS)</p>
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BROADCAST LIVE 26<sup>th</sup> & 27<sup>th</sup> AUGUST 2021  
 2.00 PM to 3.00 PM